

Question – Band 1

Cut out. Each card shows its difficulty band, so you can hand out only the levels you need.

BAND 1 — WARM-UP A2

1. What did you eat for breakfast today?

BAND 1 — WARM-UP A2

2. What meals do you eat every day?

BAND 1 — WARM-UP A2

3. What is your favourite food?

BAND 1 — WARM-UP A2

4. Do you like cooking? What can you cook?

BAND 1 — WARM-UP A2

5. Is there any food you never eat?

BAND 1 — WARM-UP A2

6. What is a typical dish from your country?

Question – Band 2

Cut out. Each card shows its difficulty band, so you can hand out only the levels you need.

BAND 2 — EVERYDAY A2–B1

7. Do you prefer eating at home or in a restaurant? Why?

BAND 2 — EVERYDAY A2–B1

8. Who does the cooking in your family?

BAND 2 — EVERYDAY A2–B1

9. What do you usually eat when you are in a hurry?

BAND 2 — EVERYDAY A2–B1

10. Describe your perfect meal, from starter to dessert.

BAND 2 — EVERYDAY A2–B1

11. Is there a food you used to hate but enjoy now?

BAND 2 — EVERYDAY A2–B1

12. What is the strangest thing you have ever eaten?

Question – Band 3

Cut out. Each card shows its difficulty band, so you can hand out only the levels you need.

BAND 3 — OPINIONS B1–B2

13. Is it important to eat together as a family? Why, or why not?

BAND 3 — OPINIONS B1–B2

14. Do you think people in your country eat healthily?

BAND 3 — OPINIONS B1–B2

15. How much should we care about where our food comes from?

BAND 3 — OPINIONS B1–B2

16. Fast food: a harmless treat, or a real problem?

BAND 3 — OPINIONS B1–B2

17. Would you ever go vegetarian or vegan? Why, or why not?

BAND 3 — OPINIONS B1–B2

18. Is cooking a skill that everyone should have?

Question – Band 4

Cut out. Each card shows its difficulty band, so you can hand out only the levels you need.

BAND 4 — DEEPER B2–C1

19. How has your taste in food developed since childhood?

BAND 4 — DEEPER B2–C1

20. What does a country's food tell you about its culture and history?

BAND 4 — DEEPER B2–C1

21. To what extent is our diet shaped by advertising and habit rather than real choice?

BAND 4 — DEEPER B2–C1

22. Some say we should eat far less meat for the planet's sake. Where do you stand?

BAND 4 — DEEPER B2–C1

23. Has our obsession with "clean eating" and diets gone too far, or is it healthy?

BAND 4 — DEEPER B2–C1

24. Food is deeply tied to memory and identity. What happens to those when we move to another country?